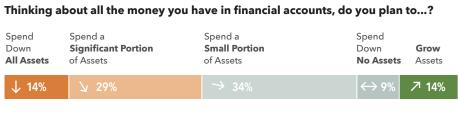
EBRI EMPLOYEE BENEFIT RESEARCH INSTITUTE

At a Glance | April 8, 2021

Unforeseen Costs Are the Main Reason Retirees Don't Want to Spend Down Their Assets

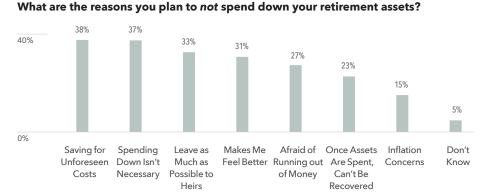
SPEND, SAVE, GROW

Most retirees don't want to spend down all their assets. Just over 4 in 10 respondents ages 62-75 in EBRI's Spending in Retirement Survey reported that they planned to spend down all or a significant portion of their assets in retirement.



WHY NOT SPEND?

Fear of running out of money is not the primary motivator. Over a third are just saving for a rainy day; others just don't see a reason to spend.



WHY SPEND?

Retirement lifestyle and discretionary spending were the most common reasons that people planned to spend down their assets in retirement. This was followed by health insurance, housing repairs, and housing expenses.

The findings suggest that spending in retirement involves both necessity and behavioral preferences.

Are the following reasons to spend down your assets in retirement?

		Not a reason	Yes, reason to spe	end down
Retirement Lifestyle		28%		72%
Discretionary Spending, e.g., Vacations, Clothes, or Jewelry		29%		71%
Health and Medical Insurance		31%		69%
Housing Repairs / Renovations		31%		69%
Housing Expenses		34%		66%
Medical Bills		35%		65%
Car Expenses or Repairs		35%		65%
Needing Physical Support or Care to Live My Life		40%		60%
Supporting Other Family Members	74%		26%	
Education Costs for Children or Grandchildren	88%		12%	
A New Home	88%		12%	

SOURCE: Lori Lucas, "Why Do People Spend the Way They Do in Retirement? Findings From EBRI's Spending in Retirement Survey," EBRI Issue Brief, no. 522 (January 14, 2021).

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