Putting Numbers to the Shifting Private-Sector Retirement Landscape

Having an employment-based retirement plan is one of the most significant factors in individuals’ likelihood of having a financially secure retirement. However, recent retirees and those currently reaching retirement face different challenges than private-sector workers who retired in the past. This is due to a decrease in defined benefit (DB) plans being offered by private-sector employers and a corresponding increase in — and reliance on — defined contribution (DC) plan offerings. The result is that future retirees will have greater responsibility for managing their retirement plan assets throughout retirement.

In this Fast Fact, the Employee Benefit Research Institute (EBRI) estimates the movement of workers from DB plans to DC plans in the private sector.

About the Data

Up through 1999, the Department of Labor’s (DOL’s) Pension Plan Bulletin\(^1\) estimated the percentages of private-sector wage and salary workers who were in each type of retirement plan (defined benefit (DB) plan only, defined contribution (DC) plan only, or both plans). The Employee Benefit Research Institute (EBRI) has continued estimating these numbers to show the movement of private-sector retirement plan participants from DB plans to DC plans. EBRI’s goal has been to match the DOL trend as closely as possible despite considerable changes in the data sources.\(^2\)

In order to calculate the share of private-sector workers who fall into each of the retirement type categories — DB plans only, DC plans only, or both plans — EBRI determined:

- The number of private-sector workers based on the Current Population Survey data.
- The number of active participants in DB and DC plans from the U.S. Department of Labor data.
- The number of active participants with more than one plan.
- The breakdown of those with a DB plan and a DC plan vs. those with two DC plans.

According to its estimates, EBRI found that the percentage of private-sector wage and salary workers participating in a DB plan only decreased from 28 percent in 1979 to just 1 percent in 2019. Correspondingly, the percentage participating in DC plans only went from 7 percent to 41 percent. The percentage with both plans went from 10 percent in 1979 to 8 percent in 2019 after peaking at 16 percent in 1985.\(^3\)

The dramatic and continuing shift of private-sector worker plan coverage from DB to DC has implications not only for future retirees who must manage their own drawdown strategy during retirement but also for employers, providers, and policymakers as they navigate this seismic change in the retirement equation.
The Employee Benefit Research Institute is a private, nonpartisan, nonprofit research institute based in Washington, DC, that focuses on health, savings, retirement, and economic security issues. EBRI does not lobby and does not take policy positions. The work of EBRI is made possible by funding from its members and sponsors, which include a broad range of public, private, for-profit and nonprofit organizations. For more information go to www.ebri.org or connect with us on Twitter or LinkedIn.


3 The remaining percentage of private-sector wage and salary workers did not participate in a plan. In 2019, this amounted to 50 percent of private-sector workers.

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