



# THE FINANCIAL WELLNESS LANDSCAPE

How to design a successful program

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### WHAT IS FINANCIAL WELLNESS?





### WHAT IS FINANCIAL WELLNESS?

#### Financial Wellbeing (noun):

Financial wellbeing is a state of being wherein a person can fully meet current and ongoing financial obligations, can feel secure in their financial future, and is able to make choices that allow them to enjoy life.

Source: CFPB, Financial well-being in America, September 2017



### WHY ARE EMPLOYERS OFFERING FINANCIAL WELLNESS BENEFITS?

Improve worker satisfaction

#4 Increase benefit utilization

Reduce financial stress

#5 Improve productivity

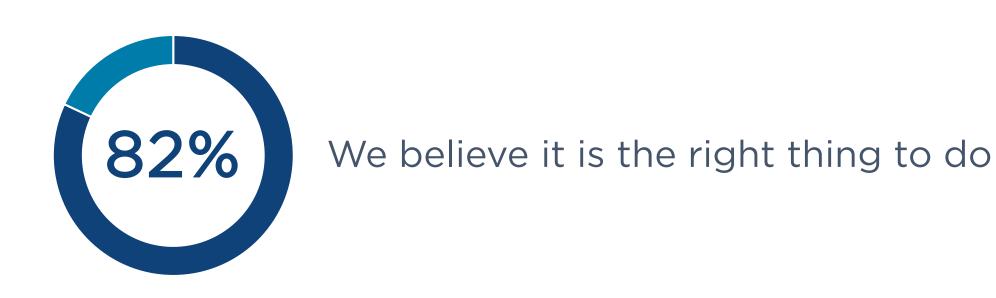
**43** Lower turnover

Source: EBRI, 2018 Employer Financial Wellbeing Survey



## WHY ARE EMPLOYERS OFFERING FINANCIAL WELLNESS BENEFITS?

#### Social Mission



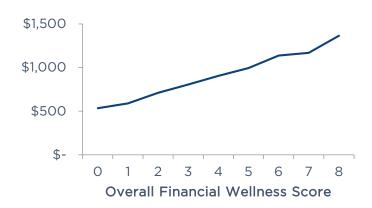
Source: Alight Solutions, 2019 Hot Topics in Retirement and Financial Wellness



## WHY ARE EMPLOYERS OFFERING FINANCIAL WELLNESS BENEFITS?

#### **Lower Costs**

#### **FSA/HSA Contributions**



#### **Average Stress Level**



#### **Average Deferral Rate**

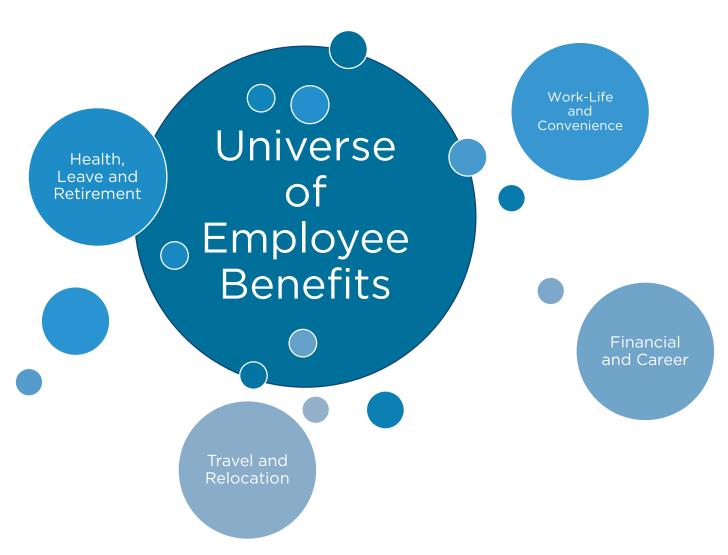


Source: Financial Finesse, 2016 ROI Special Report



## HOW ARE FINANCIAL WELLNESS PROGRAMS BEING DESIGNED?

The prevalence of over 60 benefits assessed increased between 2017 and 2018



Source: SHRM, 2018 Employee Benefits Report



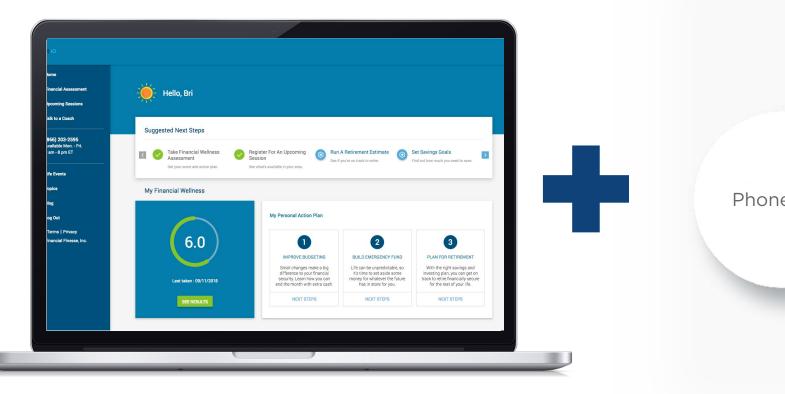


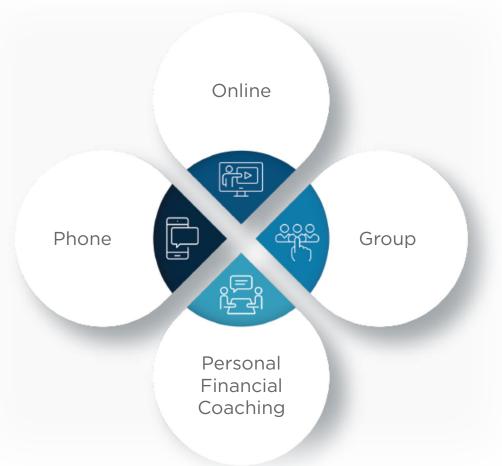
### **TRADITIONAL**





## HOW ARE FINANCIAL WELLNESS PROGRAMS BEING IMPLEMENTED?







### **HOW DO EMPLOYERS MEASURE SUCCESS?**

### Engagement

Levels of engagement vary depending on...

#1 Design

#4 Champions

#2 Culture

#5 Incentives

#3 Communications



#### **HOW DO EMPLOYERS MEASURE SUCCESS?**

Specific Metrics

Improvement in worker satisfaction

#4 Increases in benefit utilization

#2 Reduction in financial stress

#5 Improvement in productivity

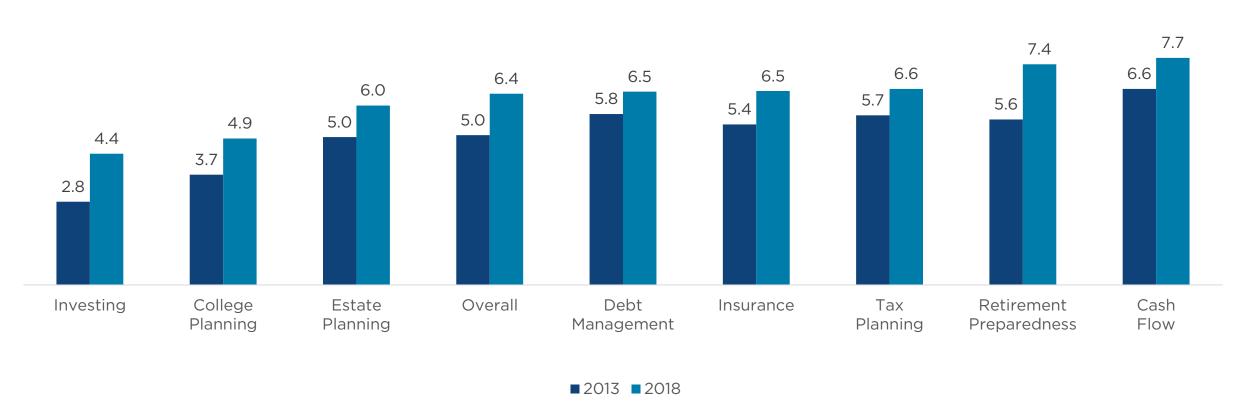
#3 Reduction in turnover



### **HOW DO EMPLOYERS MEASURE SUCCESS?**

### Changes in Behavior

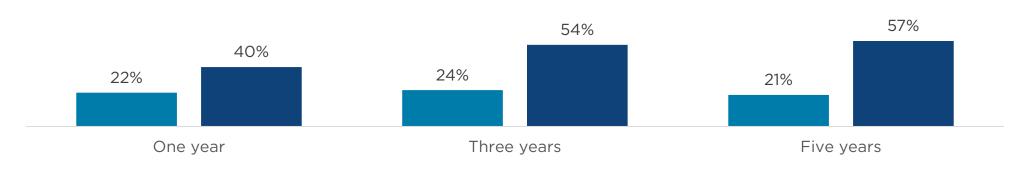
### Average Financial Wellness Score (by focus area)



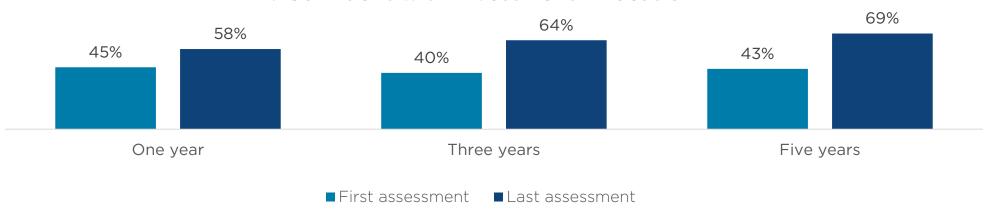


## HOW DOES LENGTH OF ENGAGEMENT AFFECT BEHAVIOR?

#### % On Track for Retirement



#### % Confident with Investment Allocation



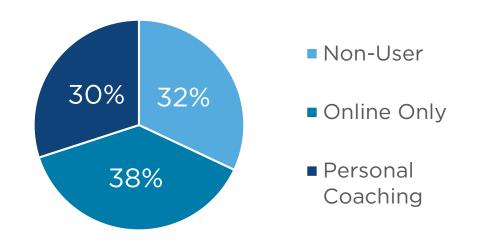


## HOW DOES LENGTH OF ENGAGEMENT AFFECT BEHAVIOR?

	2013	2018
Average Overall Financial Wellness Score	5.0	6.4
I have a handle on my cash flow	67%	80%
I have an emergency fund to cover unexpected expenses	51%	60%
I pay my bills on time each month	86%	93%
I'm comfortable with the amount of debt I have	58%	67%
I regularly pay off my credit card balances in full	52%	61%
I feel confident my investments are allocated appropriately	43%	69%
I am on track to reach my income goal in retirement	21%	57%
Average Retirement Plan Contribution Rate	6.3%	9.4%
Average HSA Contribution Amount	\$934	\$1,319



## HOW DOES TYPE OF ENGAGEMENT AFFECT BEHAVIOR?

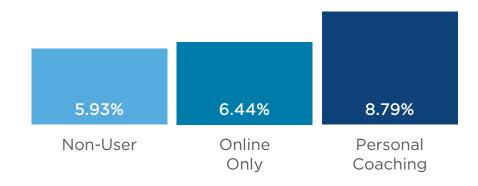








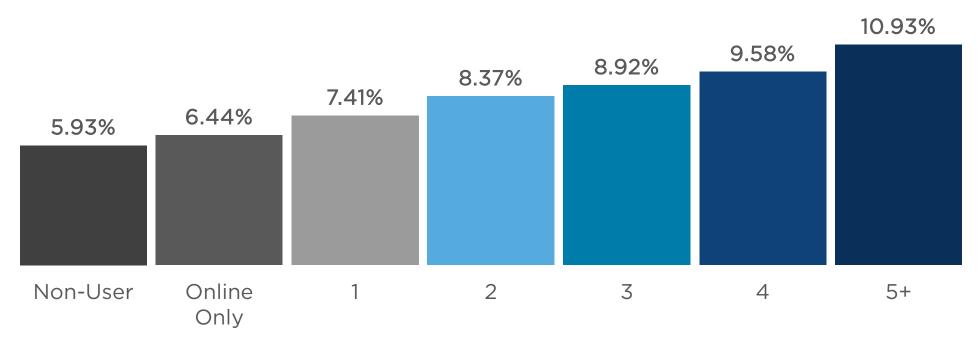
#### Average 401(k) Deferral Rate





## HOW DOES FREQUENCY OF ENGAGEMENT AFFECT BEHAVIOR?

Average 401(k) Deferral Rate



Number of Financial Wellness interactions with a personal financial coach through 2018



## HOW DOES FREQUENCY OF ENGAGEMENT AFFECT BEHAVIOR?

