

BIOGRAPHY



Sandra Diaz-Castillo, MSPH

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Sandra Diaz-Castillo is the Head of Research and Insights for the U.S. Commercial and Enterprise Thought Leadership programs at Cigna. She leads a multi-disciplinary team responsible to generate and activate insight and foresight that informs business strategies and decisions across the enterprise. Previously, Sandra led Cigna's behavioral health, medical, pharmacy, and network solutions research programs.

Prior to Cigna, Sandra spent 20 years in various roles across academic medicine, hospital administration, public health, and global health at Yale-New Haven Health, University of Colorado, and Colorado Children's Hospital. She developed and executed new enterprise-wide services and established private-public partnerships in Guatemala, Costa Rica, and Chile.

Sandra earned a Master of Science in Public Health from the University of Colorado and a Bachelor of Science from University of Saint Joseph. She has published in peer-reviewed journals and has been a featured speaker at national and international conferences. Originally from Puerto Rico, Sandra lives in Florida with her husband and three children.