Workplace Retirement Savings Plans Impact on Assets and Satisfaction

Are the levels of assets held by households having retirement plans larger than those without a plan? How satisfied are workers with workplace retirement savings plans? What do workplace retirement savings plan participants think would best improve the plans?

Savings and Investments With and Without a Retirement Plan

Among workers who provided the value of their savings and investments outside of the value of their home and any defined benefit plan assets, 33 percent report that they have $250,000 or more in assets and 27 percent have less than $10,000 (Figure 1). However, the savings and investments between those with and without a retirement plan (defined contribution plan, individual retirement account (IRA), or defined benefit plan) are starkly different. For those with a retirement plan, only 14 percent report less than $10,000 in savings and investments and 41 percent have $250,000 or more. In contrast, 74 percent of those without a retirement plan have less than $10,000 in savings and investments, and only 3 percent have $250,000 or more.

Figure 1
Worker Savings and Investments, With and Without a Retirement Plan*

<table>
<thead>
<tr>
<th>In total, about how much money would you say you (and your spouse) currently have in savings and investments, not including the value of your primary residence or defined benefit plan assets?</th>
<th>2022 Workers n=1,409</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2014</strong></td>
<td><strong>2016</strong></td>
</tr>
<tr>
<td>Less Than $1,000</td>
<td>36%</td>
</tr>
<tr>
<td>$1,000 - $9,999</td>
<td>16</td>
</tr>
<tr>
<td>$10,000 - $24,999</td>
<td>8</td>
</tr>
<tr>
<td>$25,000 - $49,999</td>
<td>9</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>9</td>
</tr>
<tr>
<td>$100,000 - $249,999</td>
<td>11</td>
</tr>
<tr>
<td>$250,000 or More</td>
<td>11</td>
</tr>
</tbody>
</table>

*Have Retirement Plan defined as respondent or spouse having at least one of the following: IRA, DC plan, or DB plan. Figures and n-sizes from all years presented exclude those who answered “Don’t know” or refused to answer.

Source: Employee Benefit Research Institute and Greenwald Research, 2022 Retirement Confidence Survey.

The difference between savings and investments of retirees with and without a retirement plan is just as glaring. Over half (58 percent) of retirees with a retirement plan report having $250,000 or more in savings and investments, while only 12 percent have less than $10,000. Retirees without a retirement plan were much more likely to have less than $10,000 in savings and investments — 66 percent. Only 6 percent of retirees without a retirement plan have $250,000 or more in savings and investments (Figure 2).
Confidence in Choosing the Right Retirement Products

Almost three-quarters (74 percent) of workers are very or somewhat confident in their ability to choose the right retirement products or investments for their situation. However, only 24 percent are very confident (Figure 3). Workers with any retirement plan are more likely to be confident in their ability to choose the right retirement products for their situation than those without a retirement plan (81 percent vs. 51 percent).
Investments in Retirement Savings Plans

Of workers currently participating in a workplace retirement savings plan, 60 percent say they understand target date funds (TDFs) in general at least somewhat well, while similar numbers (56 percent) say they understand how TDFs change their investments over time (56 percent) and how to choose the right TDF (55 percent) (Figure 4). Furthermore, these workers are more likely to say that they understand managed accounts than they are to say they understand income funds or environmental, social, and governance (ESG) investment options.

Factors Considered When Selecting Investment Options

When choosing investments, the factor most often cited by workers currently contributing to an employer-sponsored retirement savings plan is the performance/growth over time of the investment (32 percent). After that, the most cited factors are whether the investment matches their risk tolerance (23 percent) and fees (23 percent). Recommendations of a financial advisor are mentioned by 19 percent of these workers, reflective of the relatively low use of financial advisors, particularly among those who are younger and have lower incomes (Figure 5).
Satisfaction With Workplace Retirement Savings Plans

Eight in ten workers (82 percent) are very or somewhat satisfied with their workplace retirement savings plan overall (Figure 6). Furthermore, a similar percentage of workers are very or somewhat satisfied with the investment options in their plan at 83 percent. The shares of workers satisfied with the tools and resources available, if they used them, on how to save (82 percent) and how to generate an income stream from their savings (80 percent) are also similar to the share overall satisfied. There are no statistical differences by the ages of the workers in their satisfaction with these aspects of their workplace retirement savings plans.
**Improvements to Retirement Savings Plans**

When workers who are offered a workplace retirement savings plans are asked what the most valuable improvements to their workplace retirement savings plan are, the most cited improvements are better explanations for how much income their savings will produce in retirement (28 percent), investment options that provide guaranteed lifetime income after you retire (28 percent), better explanations for whether you are on track with your retirement savings (27 percent), and more investment options designed for after you retire (26 percent). About 1 in 5 of these workers also cite more fund or investment options available (24 percent); more one-on-one, personalized education (22 percent); more online educational tools (21 percent); and one-on-one assistance in consolidating other retirement savings balances into your current plan (21 percent). Fewer investment options (9 percent) is the least often cited improvement, but 15 percent of these workers choose none of the choices (Figure 7).

![Figure 7](image_url)

*Figure 7: Worker Thoughts on What Are the Most Valuable Improvements to Retirement Savings Plans*

Which of the following would be the most valuable improvements to your retirement savings plan?

- Better explanations for how much income your savings will produce in retirement: 28%
- Investment options that provide guaranteed lifetime income after you retire: 28%
- Better explanations for whether you are on track with your retirement savings: 27%
- More investment options designed for after you retire: 26%
- More fund or investment options available: 24%
- More one-on-one, personalized education: 22%
- More online educational tools: 21%
- One-on-one assistance in consolidating other retirement savings balances into your current plan: 21%
- More environmentally or socially responsible investment options available (ESG): 16%
- Ability to invest in cryptocurrency: 15%
- Fewer investment options available: 9%
- Other: 1%
- None of the above: 15%

Source: Employee Benefit Research Institute and Greenwald Research, 2022 Retirement Confidence Survey.

**Actions Made in Workplace Savings Plans in the Past Year**

Forty percent of workers who were offered a workplace retirement savings plan report having increased their contributions in the past year (Figure 8). Among the other actions offered, between 3 and 16 percent of these workers report having taken those actions, but 31 percent say they did none of the actions in the past year.
Figure 8  
Actions Made in Workplace Retirement Savings Plan in the Past Year

Which, if any, of the following have you done in the past year with your workplace retirement plan? Select all that apply.
Workers offered a workplace retirement savings plan n=742. Percentage taking that action

- Increased the amount you contribute: 40%
- Used a tool or calculator to estimate how much you need to save: 16%
- Used a tool or calculator to determine how to generate income from your savings in retirement: 10%
- Decreased the amount you contribute, but continue to contribute something: 10%
- Changed investments, but kept same level of risk: 10%
- Switched to more aggressive investments: 9%
- Switched to more conservative investments: 9%
- Stopped contributing to your workplace retirement savings plan: 7%
- Contacted your retirement plan provider’s representatives or service center for advice: 7%
- Moved money into your retirement plan’s default investment option: 6%
- Moved money out of your retirement plan’s default investment option: 3%
- Used a tool or calculator to determine how to generate income from your savings in retirement: 1%
- Used a tool or calculator to estimate how much you need to save: 1%
- Increased the amount you contribute: 31%

Source: Employee Benefit Research Institute and Greenwald Research, 2022 Retirement Confidence Survey.