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## Want to Feel Better About Retirement? Have a Plan

While retirement confidence has generally languished since the onset of the 2008 financial crisis, a recent report from the nonpartisan Employee Benefit Research Institute finds a strong relationship

between retirement confidence and retirement plan participation.

According to the 2014
Retirement Confidence Survey
(RCS), workers reporting they
or their spouse have money in
a defined contribution plan, an
individual retirement account
(IRA), or a defined benefit
plan are more than twice as
likely as those without any of
these plans to be very
confident (24 percent with a
plan vs. 9 percent without a
plan).

There was a slight increase in

Retirement Confidence by Retirement Plan Ownership, Among Workers: 2013-2014 Overall, how confident are you that you (and your spouse) will have enough money to live comfortably throughout 11% ■ Don't Know/Refused 21% 44% 46% □ Not at All Confident ■ Not Too Confident 46% ■ Somewhat Confident 19% 24% ■ Very Confident 14% 2013 2013 2014 2014 Has Retirement Plan\* No Retirement Plan \*Has Retirement Plan defined as having at least one of the following: IRA, DC plan, or DB plan Source: Employee Renefit Research Institute and Greenwald & Associates 2013–2014 Retirement Confidence Survey

confidence in 2014 from the historic lows reported in the RCS following the 2008 financial crisis, but that occurred primarily among those with a plan (an increase from 14 percent very confident in 2013 to 24 percent in 2014 for those with a plan, compared with level readings among those without a plan of 10 percent very confident in 2013 and 9 percent in 2014).

Additionally, workers without a plan are four times as likely to say they are not at all confident about their financial security in retirement (11 percent with a plan vs. 46 percent without a plan).

Additional information on retirement savings and preparation trends, as well as comparisons over extended periods from the 2014 Retirement Confidence Survey is available <u>online here.</u>

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